

# Scheme of Work

**Word Box:** alcohol, drink, legal, illegal, unit, volume, media, advertising, choice, vomit, unconscious

### End of Key Stage Statements

2k to explore how the media present information.

3a what makes a healthy lifestyle, including the benefits of exercise and healthy eating, what affects mental health, and how to make informed choices

3d which commonly available substances and drugs are legal and illegal, their effects and risks

3f that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong

4a that their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view

### Learning Intentions and Learning Outcomes

**Learning Intention**  
To understand the effect alcohol has on the body

**Learning Outcomes**  
To know what alcohol is and how it affects the body  
To understand that everyone will be affected differently by alcohol

**Learning Intention**  
To understand the risks related to drinking alcohol

**Learning Outcomes**  
To be able to make sensible choices about using alcohol

**Learning Intention**  
To consider how society limits the drinking of alcohol

**Learning Outcomes**  
To know some laws about drinking alcohol  
To consider ways of persuading people to drink alcohol sensibly

### Lesson Title

**Lesson 1**  
[Effects of Alcohol](#)

**Lesson 2**  
[Alcohol and Risk](#)

**Lesson 3**  
[Limits to Drinking Alcohol](#)

### Resources

[Alcohol Facts Teacher Guide](#)  
Talking Ball  
[Drinks Photo cards](#)  
Flip chart paper  
[Safer Drinking Chart](#)

**Additional Activities**  
[Safer Drinking Chart](#)

[People Drinking pictures](#)  
[Effects of Alcohol cards](#)  
[Keeping Safe story](#)

[Alcohol Facts Teacher Guide](#)  
Talking Ball  
Mind Maps from Lesson 1  
[Alcohol and the Law Quiz](#)  
[Alcohol Awareness Adverts](#)

**Additional Activities**  
[Alcohol Adverts](#)