

Carclaze Newsletter

Friday 1 April 2021

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For mental health support:

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For safeguarding concerns:

primarysafeguarding@carclazesch.org

Telephone: 01726 74194

Website: www.carclazesch.org Head Teacher: Mr Simon Pollard

Dear Parents/carers

This time last year things were very different as we had just started the first lockdown and we moved physical school to a hub at Penrice. We stayed open for key workers and vulnerable children throughout the Easter holidays, and we began to explore the world of online learning.

A lot has changed as we emerge from a third lockdown with half of the UK population vaccinated. We are certainly not back to normal and we have learnt a lot.

One thing we have been thinking about is mental health and wellbeing. It will be important to make sure everyone gets a break from screens this Easter and in that respect, I have two requests.

- 1. Try to get outside and explore each day. This could be in the garden, a trip to the park or sometime on the beach. Hopefully the weather will be kind.
- 2. Carry on reading and talking about books. We have really seen our children develop a love of reading and the best thing to do to help close the gap, which may have been created by the pandemic, is to share books together, informally.

We all wish you a safe and relaxing break and look forward to seeing everyone again on 19th April

Best wishes

Simon

Simon Pollard

Head Teacher

Certified Trauma and Mental Health-Informed Schools Practitioner

Carclaze Community Primary School

Tel: 01726 74194 web: www.carclazesch.org

I am currently reading......





Reminder: Please don't forget to book your Wraparound Care and School Lunches during the Easter Holidays ready for the Summer Term.

Parent Telephone Consultations

Next term we will be holding telephone consultations for you and your child's teacher. These, once again, will be 10 minute telephone appointments.

You will be able to book your slots from **31 March 2021** via eschools.

Please note—bookings will close on 19 April 2021 - and calls will take place that week.

Back to School Drop of and Pick Up:

Year Group	Entrance to be used	Drop off Time	Collection Time
Foundation Stage	Patio Entrance	0.45.00	2
Year 1		8:45am	3pm
Year 2	Field Gate		
Year 3	Patio Gate	0.25	2.40 m m
Year 4	Bike Shed Gate	8:35am	3:10pm
Year 5	Field Gate		
Year 6	Field Gate		

Wrap Around Care:

In order to reserve your place, it will have to be **booked for and paid for in advance, by Friday lunchtime**. Failure to do this will mean that your child will not be allocated a place and you will be expected to collect your child at their normal collection time.

Late collection fees will be charged to cover the staffing costs required for unplanned supervision and you will be expected to clear this fee before your child can attend another session.

Wrap Around Option	Time	Cost	Additional Information		
Breakfast Club	7:30am to 8:35am	£3.50	At 8:35am children will be taken to their classroom where a teacher will be present		
Busy Bees Option 1	End of school until 5:00pm	£7	You can collect your child at any time during this period but they must be collected by 5:00pm.		
Busy Bees Option 2	End of school until 5.30pm	£10.50	You can collect your child at any time during this period but they must be collected by 5:30pm.		
Late Collection fees	If you are late collecting your child and you collect any time after 5:00pm (for option 1) or 5:30pm (for option 2) you will be charged a £5 late collection fee and you will be unable to access the wrap around care until this fee has been paid.				

Carclaze Community Primary School Respect and Safety Outside

The car park is a busy place and definitely not one to play in.

When you are waiting with your children before, or after school, please remember staff are not on duty in the car park. Therefore, it is parents and carers responsibility to supervise their own children.

- Please do not climb on the walls
- No Bikes, Skateboards or Scooters to be ridden in the car park or on walk ways
- Reverse Park into bays
- Only use Allocated Parking Bays Please do not park on the patio or pavements
- Keep off the Flower Beds
- Do not climb the trees or run across our boarders they contain plants and flowers

Stay Safe Everyone

Screen Time Awareness

We know that there are many positives about screen time, according to a recent survey conducted by RCPCH, children stated the following as the top 3 positives:

- Gives you knowledge
- It's entertaining and enjoyable
- Provides you with more opportunities to reach a wider community

We have all seen a natural increase over recent months as screen time has allowed us to access work and learning and most importantly keep in touch with family and friends when we have been unable to see them. However, now that we are beginning to make the journey out of lockdown, and we are back at school for our learning, we need to think about how much screen time we are having. Some issues associated with too much screen time include:

- Loss of social connection it stops you from talking to the people around you
- Eye concerns it can hurts your eyes, make them tired/blurry if you are on screen for too long
- Sleep interference screen time before bed can stop you from sleeping and having a screen in your room (TV, mobile phone, iPad, games console etc) also prevents a good sleep pattern as the temptation to watch, respond or play can be hard to ignore.

As we approach the Easter holidays, we thought it would be a good time to have a think about how we can reduce the time spent on screen, and do some physical activities instead. Here are some top tips to help you manage family screen time. So let's all try and TURN OFF our screens and GET ACTIVE!





SIGN UP FOR FREE ACTIVITY, FITNESS AND WELLBEING THIS APRIL

Groups will be running in Truro, St Austell and The Clays delivered by Youth Workers Venue and dates TBC

To find out more information and get involved Text / Call - Kerry 07791666186

Truro Email - kerryd@ypc.org.uk
St Austell Email - kelly.mckernan@ypc.org.uk





All activities wil be outside and COVID safety measures will be in place





dance company

FREE DANCE CLASSES FOR THE COMMUNITY

INTRODUCTION TO STREET DANCE

SATURDAYS 11:00am-12:00noon





C4 Studios, 58 Stennack Road, Holmbush Ind Est, St Austell PL25 3JU contactus4real@gmail.com 07825234855





Department for Digital, Culture, Media & Sport

In partnership with

THE NATIONAL LOTTERY COMMUNITY FUND

Weds 7th, Thurs 8th, Weds 14th & Thurs 15th April 9:00-3:00pm Part funded - ONLY £10 per day

*Multiskills

*Football

*Basketball

*Soft Tennis

*Dance

*Acro

*Team Games *Arts & Crafts & Much More

Sat 10th & 17th April 9:00-11:00am £5 per day

Saturday Morning Sports Club

contact c4studioscic@gmail.com to book your place