

CELT Home Learning - Suggested Activities for children in Year 1

Weeks Beginning - Monday 29th June and Monday 6th July 2020

Please find below activities, which may be beneficial to your child's home learning. We have tried to include a range of practical activities, written activities and activities using technology to cover whatever home setup you may have available. **It is not essential you complete all these activities.** We know many parents are working and therefore we do not want to ask more of you than you can easily give. Therefore the activities have been arranged into three categories: **essential, recommended and additional optional** activities. We recommend completing the essential activities then seeing what time is available to commit to additional activities. Please feel free to message your child's class teacher with questions you have regarding these activities. If you have a concern or need help accessing any of the home learning documents, please do not hesitate to contact us. Teachers would love to see photos or receive information about what you have been up to at home when you have time. Please encourage your child to continue sharing their learning online where possible.

ESSENTIAL daily activities for children in KS1

Online Learning

Phonics and Spelling (15mins): Year 1 children should practise at least 1 sound a day, as well as recapping any sounds from the previous few days.

RWI Lessons

http://www.youtube.com/channel/UCo7fbLgY2oA_cFCIg9GdxtQ

Top Marks

<https://www.topmarks.co.uk/english-games/5-7-years/letters-and-sounds>

Teach my Monster to Read

<https://www.teachyourmonstertoread.com>

Phonics Play

<https://new.phonicsplay.co.uk/>

You may also like to access the SPaG challenges below. These focus on punctuation, language choices and spelling rules.

Maths Practise (15mins):

There are many wonderful Maths websites with high quality lessons, interactive games and challenges for you to complete.

White Rose Maths

<http://whiterosemaths.com/homelearning/>

Numbots/Times Tables Rockstars

<https://play.numbots.com>

Interactive Maths Frames

<https://www.coolmath4kids.com/manipulatives>

Top Marks

<https://www.topmarks.co.uk/>

Carol Vorderman-Maths Factor

<https://www.themathsfactor.com/>

Classroom Secrets Kids

<https://kids.classroomsecrets.co.uk/>

Reading (2 x 10mins daily) Ensure these sessions should include a balance of reading to an adult and sharing stories together. It is also really important to have the colour banded books to support your child's individual development stage.

Oxford Owl

www.oxfordowl.co.uk

Borrow Box- online library

<https://www.borrowbox.com/>

Offline Learning

Phonics and Spelling games (15mins): Have a look at your Year 1 spellings attached. Select 5 to focus on each week making sure you know them really well. You can use the spelling games and activities attached to help you.

For an extra challenge, choose one of your words and see how many different sentences can you write that include that word. Don't forget to have a go at the gold SPaG challenges in your pack if you can!

Maths (15mins): We have 9 fluency, reasoning and problem solving challenges for you to complete. Can you use the most efficient method? Can you explain your thinking? Remember to talk the process aloud and prove your answer. Using real items found at home can help with your calculations and some children have even drawn their own 10 frames to help. Remember that sometimes there is more than one answer and often more than one way to find the solution.

Reading (20mins): Children should read at least twice a day for 10 minutes. These sessions should include a balance of reading to an adult (books that are linked to their phonics knowledge where possible) and sharing stories together. You might like to carry out some of your essential reading in an extreme location. Make it fun and remember to share your extreme reading pictures with your teachers if you can- they would love to see some of these.

RECOMMENDED daily or weekly activities for children in KS1

Online Learning

Handwriting -Use the rhymes and patterns you have learnt to practise writing your letters correctly. The online tool 'Skywriter' might help. <https://www.ictgames.com/mobilePage/skyWriter/index.html>

Share a Story- Snuggle up with a book together and enjoy how your imagination can take you somewhere new.

Alternatively, there are many website where you can hear some wonderful texts:

Cbeebies story time website

<https://www.bbc.co.uk/cbeebies/stories?page=2>

are free audible books available at

<http://stories.audible.com/start-listen>

BBC bedtime stories read by some famous faces!

<https://www.bbc.co.uk/iplayer/episodes/b00jdlm2/cbeebies-bedtime-stories>

authors are reading their books online at:

<http://islingtongovuk.j2bloggy.com/lteprimary/authors-reading-their-books/>

Get Active! - You could choose to join in with the Joe Wicks workout each day from 9am, have a go at some Cosmic Yoga or have fun with Go Noodle!

Indoor football drills and skills:

<https://www.youtube.com/watch?v=coQdGx1XbFM>

Kids HIIT Workout:

<https://www.youtube.com/watch?v=lc1Ag9m7XQo>

Kidz Bop Dance Along:

https://www.youtube.com/watch?v=sHd2s_saYsQ

Zumba Dance Routines:

<https://www.youtube.com/watch?v=kiRpnDeAOII>

Cosmic Yoga:

<https://www.youtube.com/user/CosmicKidsYoga>

Yoga Animals:

<https://www.youtube.com/watch?v=X65584ISaka>

PE with Joe Wicks

<https://www.youtube.com/user/thebodycoach1>

Joe Wicks Active 8:

https://www.youtube.com/watch?v=TUp2_VAHInI

Go Noodle:

<https://family.gonoodle.com/>

60 Second Challenges

<https://www.youthsporttrust.org/60-second-physical-activity-challenges>

Offline Learning

Time to Talk and Walk (10 mins) - 'Trolley Talk' When shopping every time you put something in your trolley ask your child to tell you 2 things about it.

Handwriting Regularly practise your handwriting using the rhymes and patterns you have learnt to help you form each letter correctly. Remember that your presentation is really important in ensuring other people can read the beauty in your words.

Writing - Use the writing prompts attached in this document to discover more about Little Red Riding Hood. Use your descriptive adjectives to make your writing interesting to read and to help those reading imagine your story in their minds.

Story of the Week- The world around us is so special and fragile. We need to look after it and everything it beholds. Can you find, read, retell or write a story based around the world or an animal within it? 'The Snail and the Whale' is just one lovely example.

Share a story - Share a poem from a book or from memory with your family. Does it rhyme? Is it a funny poem? Does it build a picture in your mind about what is going on? Is it an acrostic poem? Poems come in all different shapes and sizes. Have fun exploring poetry this week!

Get Active! - How far away from the box can you get and still land your ball on target? Challenge yourself to improve your personal best.

Board games - Make your own Lego Tic-Tac-Toe board and then you and your opponent use two different coloured Lego pieces to play. First to get 3 in a row vertically, horizontally or diagonally is the winner!

GEOGRAPHY

POLAR EXPLORES

Read Lost and Found by Oliver Jeffers or watch it on Youtube.

<https://www.youtube.com/watch?v=cRAAQ8EWzig>

Can you find out a bit more about the South Pole? Where is it? What animals live there? What is the climate like? Now compare it to the North Pole, what is the same what is different? Can you write a list of what you would take with you if you were a Polar Explorer?

Music

Story Sounds

Can you make a soundtrack to accompany an event in your favourite book, story or film?

Will the sounds need to get louder and dramatic as Moana sails her boat through a storm?
Will your track need to sound light and feathery like a tiptoe and Little Red Riding Hood walks through the forest?
Try to match your sounds with the mood created within the story.

PE

WACKY RACES

Can you create your own Wacky race?

Add obstacles, find different ways to move and compete against the clock?

Challenge someone in your home, or virtually to take part in your wacky race. You will need to show them how to create it and the rules to take part.

Have fun and get those heartbeats up!

RE/PSHE

Precious Pebbles

Can you decorate a pebble beautifully to help put a smile on someone's face? You might think about a special person and make your pebble for them or you might leave it somewhere for a member of the public to find. Whichever you choose, think about how if everyone did a little good, how wonderful our world be.

Year 1

Additional Optional Activities

You may wish to choose to complete one or more of these activities over this two week period.

These have been organised into different subject areas and are based around your child's year group theme.

COMMUNITY SPIRIT

Make a Telephone Call

Plan and make a telephone call. Discuss it first with an adult. Choose a relative, neighbour or friend to surprise with a call. Write down the number and plan some conversation prompts - are they well? What have they been doing? What are they going to do that evening? Listen to their responses then you say what you have been doing.

SCIENCE

Animals as Pets

Some animals are suitable for keeping as pets and some are not.

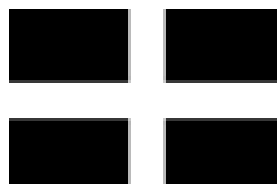
Discuss which animals are suitable as pets and which are not suitable considering why?

Choose an animal which is suitable as a pet. Design a leaflet for this pet explaining to potential pet owners what their animal will need to look after that pet properly.

HISTORY

Cornish History

Cornwall has a rich history, much of which involves mining for tin and china clay. Can you research some of Cornwall's history and present your findings in a little fact file? You might need to draw diagrams, annotate pictures with captions and write some statement sentences. Your grandparents may also have some insights to share with you.



ART/DT

Relief Printing



Have you tried **Styrofoam printmaking**? It's a remarkably easy and rewarding printmaking technique! You can do this with styrofoam trays from the supermarket (free) or with styrofoam sheets from the craft store (inexpensive).

To make your printing plates, you simply draw a design into the soft styrofoam. Then you use printing ink to roll over your pattern/design, and press the ink-covered styrofoam to paper.

Phonics Games

Use these games to support your Phonic knowledge

These games and activities do not require children to be online and can be adapted to suit your child's ability. You can use different sets of sounds and words. Please use the information shared by your class teacher regarding which phonics group and spellings your child should be accessing

Outdoor Phonics



Think of one of the sounds you have been learning this week. Roll a dice and see which number you get.

Using chalk, write that number of words on the ground. All of the words must contain your chosen sound.



Collect some leaves. Using a pen, write a sound on each leaf and ask someone to hide them around the garden for you to find. Each time you find one of the special leaves say three words which use that sound. - oa/boat/coat/float

Wash the Word

Choose some sounds you have been learning. Ask a grown up to write words, which use those sounds, on the path outside using chalk.

Words to Use

Set 2 - chip, play, tree, night, coat, blow, food, look, star, fair, swirl, mouth, boy,

Set 3 - dream, spoil, cake, smile, home, huge, yawn, care, purse, better, brown, train, float, flew, fire, dear, tie, blue, photo, wheel

Use a water squirter, a bucket of water and a broom or a paint brush and water. Ask someone to call out the word for you. Find it on the path and wash it off!!

Spellings

(Use the word lists on the previous planning sheets)

Choose five words you have not yet learnt or some words you find a bit tricky. Use the different ideas below to help you learn how to spell them.

Roll and Spell

-  Write the word with your other hand
-  Write the word as fast as you can
-  Write the word with your eyes closed
-  Write the word in a fancy way
-  Write the word in all capital letters
-  Write the word using tiny letters

Ghost Words

Use a crayon or a white candle to write your words. Colour over with a felt pen.



Picture Perfect

Write the word and draw a picture to represent it.

Rainbow Spelling

Write your word 5 times each with a different colour.



Colour Code

Write the vowels **blue** and the consonants **red**
what

Michelangelo

Tape your paper to the underside of a table. Lay under the table and write your words 3 times each. Your arms will get tired!!!!

Spell and Tell

Write each word 3 times and whisper each letter as you write it.

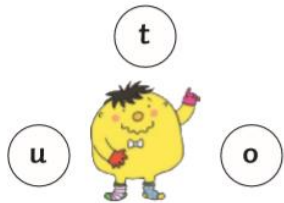
SPaG

Writing Prompts

Practise writing these spellings. **a**

see _____
look _____
too _____

Which tricky word has Mr Whoops been juggling with? **b**



Write these two sentences again, but as one sentence, joining them with 'and'. **c**

Mum got a car. I got to go in it.



Circle the words you think should have a capital letter. **d**

chair dan josh

Tick the correct sentence. **e**

Get the pen now! ☐
Get the pen now? ☐

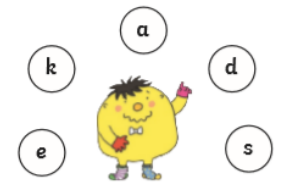
Tick **one** word that can have '-ing' added to the end to make a new word. **f**

for ☐
cook ☐
high ☐

Practise writing these spellings. **a**

rabbit _____
carrot _____
thunder _____
sunset _____
catch _____

Which tricky word has Mr Whoops been juggling with? **b**



Write these two sentences again, but as one sentence, joining them with 'and'. **c**

Phil and May have a blue car. We all go for rides in it.

Circle the words you think should have a capital letter. **d**

chair dan josh
laptop boy
saturday elephant

Tick the correct sentence. **e**

Put the pen down over here? ☐
put the pen down over here. ☐
Put the pen down over here! ☐

Tick **two** words that can have '-ing' added to the end to make a new word. **f**

cook ☐
high ☐
play ☐
proud ☐
beach ☐

What does she look like?

What was it like in the woods?

What did the wolf do?

The little girl pulled her red cloak over her head and set off into the woods. All around her the Autumn leaves fell, as she crunched along the pathway to her Grandmother's cottage. The woods were dark and the path got harder to follow.

Prompts

1. Start your sentence with an ing word.
2. Describe the woods.
3. Write an exclamation.
4. Write a sentence which is over 10 words.

Red Riding Hood Narrative KS1

Who lives here?

Who is this?

What is the book about?

The tree had long, tangled roots and a thick trunk. It was Autumn and leaves covered the woodland floor. At the base of the trunk was a small, red door. The door was made from solid wood with one small glass window and had a shiny, round door handle.

Prompts

1. Use an expanded noun phrase.
2. Use a sound. E.g. Crunch!
3. Start the sentence with some action.
4. Use an exclamation.

Fantasy Forest Inspiration Station KS1

Maths Challenges

If one packet of seeds has 10 seeds, how many seeds do 5 packets of seeds have?



If one box holds 10 toys, circle the boxes you need to hold 60 toys.



50 , 60 , 70 , ,

Label the missing numbers on the number line.

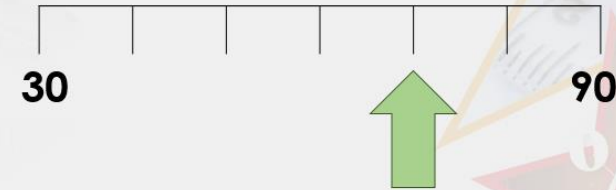


Each flower has 10 petals.
One bee can rest on each petal.



Are there enough petals for 50 bees to rest on?

Suki thinks the arrow is pointing to 40.



Is she correct? Explain how you know.

Use the buttons to make an array representing
 $2 + 2 + 2 + 2 + 2 = 10$.



My array has 4 columns with 10 in each column. I will need 14 counters to make it.

Is Eileen correct? Explain your answer.

Which is the odd one out? Why?

$$10 + 10 = 20$$

There are 10 apples in each row. There are 2 rows.



Outdoor Learning Activities

Social, Emotional and Mental Health

<p>Which Mini Beast are You? Make a Minibeast Mask</p> <p>Cut a paper plate in half, or cut out a semi-circle from some card. Make two eye holes and cut out a notch for your nose. Now decide which minibeast you'd like to be and get creative with the decorating! You could paint your mask, stick on scraps of paper or fabric, or even use natural materials from your garden. When you've finished, punch a hole at either side and attach some string so you can wear it.</p>	<p>Spot signs of Summer</p> <p>Summer is here, so it's the perfect time to see which signs of summer you can spot when out in your garden or on your daily exercise. Can you see certain summer flowers blooming or spot butterflies fluttering by? Keep your eyes peeled for caterpillars, bees, grasshoppers and trees in full leaf.</p> 	<p>A Happy Box</p> <p>Decorate a small box with a lid. This is a place to put special memory items or little trinkets, such as photos, concert or train tickets, notes or letters, special birthday cards or even receipts for things you would like to remember enjoying. Some people put in smells that make them happy such as a perfume tester or some dried lavender.</p> 	<p>Ecotherapy</p> <p>Ecotherapy aims to improve your health through engaging in outdoor activities in nature. This could include growing plants, fruits or vegetables or even having a little cactus on your windowsill. Watering and taking care of something that is alive can provide happiness and satisfaction. This does not have to be on a large scale, think small - from fresh herbs that are sold in the supermarket to growing a plant from a seed or pip!</p>
<p>Picnic in the Park!</p> <p>July is National Picnic month and July 12th is 'Love Parks Week' so let's celebrate both by having a picnic in the park! We often forget what is right on our doorstep (Polkyth Park/your small village park) or perhaps you know of another good park - Truro's Malpas Park, Lanhydrock, Heartlands, Pool, Cardinham Woods, Kimberley Park, Falmouth are just a few suggestions.</p>	<p>Nature Pirates</p> <p>How much hidden loot can you fit in your miniature treasure chest? Search for tiny natural items in your garden and see who can fit the most inside a raisin box or other small container. Look out for mini discarded snail shells, tiny twigs, small shiny pebbles and little petals and leaves. Set a time limit and see who will be the winner!</p>	<p>Laid Back Listening</p> <p>Listen to an audio book and let your imagination create the pictures in your head! Story CD's are perfect or 'Audible' have free children's books available at the moment. https://stories.audible.com/discovery</p>	<p>Catch Those Worries!</p> <p>Make a paper plate worry catcher. Cut out the middle of the plate so you are left with the rim. Punch some holes at regular intervals and thread a web out of wool. Decorate by hanging some feathers and beads from the bottom then hang it up to catch those worries!</p> 
<p>Mini Mini-bug Hotel</p> <p>Get an old plant pot or an old mug! Fill your pot or mug with natural materials. Hunt around your garden for dry leaves, twigs, hollow stems, dead grass, pine cones and bits of bark and stuff them inside. These are the perfect materials to help create warm, dry spaces that will attract different creepy crawlies. Place the pot or mug on its side (so it doesn't fill with rain), leave it in a sheltered corner of the garden and wait for its grateful new residents to move in.</p>	 <p>Make a Fairy Door</p> <p>Make a secret door to encourage fairies to visit your garden. Use lollipop sticks glued together to make the door, using a bead, bell or button for the doorknob. If you don't have lollipop sticks to hand, try using twigs instead. Once complete, lean your door up against a tree and wait for the fairies to arrive!</p>	<p>Jigsaws</p> <p>Do a jigsaw with your family -how many pieces can you do - 150? 250? 500?</p> 	<p>Kitchen Dance Party</p> <p>If workouts aren't your thing and you like a good dance, get an adult to help you to put together a list of your favourite songs and dance around your kitchen. Don't worry, nobody's watching!</p>
<p>Go on a Nature Walk at Night</p> <p>Going on a nature walk at night means you'll see (and hear) lots of things that you wouldn't normally notice. Look out for moths and bats darting about overhead. Bats fly in crazy loops and are brilliant to watch in low light. You'll have to wait until a lot later for it to get dark. Dusk is a great time for a walk as the nocturnal animals such as hedgehogs and foxes are waking up and coming out. You might see (and hear) crickets, foxes, owls, rabbits and hedgehogs.</p>	<p>Stick Weaving</p> <p>This natural craft is a wonderful way for youngsters to get creative. Find a Y-shaped stick and wrap some wool around it to make a loom. Then gather natural items from your garden or while you're doing your daily exercise and weave them into it. Just make sure you don't pick wild flowers or pull bits off trees - look for fallen petals and leaves instead.</p>	<p>Roll Down a Really Big Hill</p> <p>As you're rolling down, try to keep your eyes open. What can you see? How does it feel as you go round and round on the grass? Try to make a sound when you roll - what happens to your voice as you go down? Keep your hands and arms as close to your body as you can while you're rolling. Look out for things you wouldn't want to roll in (like cow poo or nettles) on your way up the hill and plan your roll down so that you avoid any nasties.</p>	<p>Self Collage</p> <p>Use old magazines and newspapers and encourage children to find and cut out elements of who they are. Children can use a variety of words, pictures, or their own drawing to highlight who they are.</p> 