

Relationships Summer 1 EYFS to Year 6

ENSURE CONSENT IS DISCUSSED IN EVERY LESSON IN EVERY YEAR GROUP

Year group	No Outsiders	Piece 1	Piece 2	Piece 3	Piece 4	Piece 5	Piece 6
EYFS	To celebrate my family.	<p>Lesson 1 – My family and me! Objective To know how to make friends Learning Intention I can identify some of the jobs I do in my family and how I feel like I belong.</p>	<p>Lesson 2 – Make friends, make friends, never ever break friends Part 1 Objective To try to solve friendship problems when they occur Learning Intention I know how to make friends to stop myself from feeling lonely.</p>	<p>Lesson 3 - Make friends, make friends, never ever break friends Part 2 Objective To help others to feel part of a group Learning Intention I can think of ways to solve problems and stay friends.</p>	<p>Lesson 4 – Falling out and bullying Part 1 Objective To show respect in how they treat others Learning Intention I am starting to understand the impact of kind words.</p>	<p>Lesson 5 - Falling out and bullying Part 2 Objective To know how to help themselves and others when they feel upset or hurt Learning Intention I can use Calm Me time to manage my feelings.</p>	<p>Lesson 6 – Being the best friends we can be Objective To know and show what makes a good relationship Learning Intention I know how to be a good friend.</p>
Year 1	I share the world with a lot of people.	<p>Lesson 1 - Families Objective To know how to make friends Learning Intention I can identify the members of my family and understand that there are lots of different types of families. Social and Emotional objective I know how it feels to belong to a family and care about the people who are important to me.</p>	<p>Lesson 2 – Making friends Objective To try to solve friendship problems when they occur Learning Intention I can identify what being a good friend means to me. Social and Emotional objective I know how to make a new friend.</p>	<p>Lesson 3 - Greetings Objective To help others to feel part of a group Learning Intention I know appropriate ways of physical contact to greet my friends and I know which ways I prefer. Social and Emotional objective I can recognise which forms of physical contact are acceptable and unacceptable to me. CONSENT</p>	<p>Lesson 4 – People who help us Objective To show respect in how they treat others Learning Intention I know who can help me in my school community. Social and Emotional objective I know when I need help and know how to ask for it. CONSENT</p>	<p>Lesson 5 – Being my own best friend Objective To know how to help themselves and others when they feel upset or hurt Learning Intention I can recognise my qualities as a person and a friend. Social and Emotional objective I know ways to praise myself.</p>	<p>Lesson 6 – Celebrating my special relationships Objective To know and show what makes a good relationship Learning Intention I can tell you why I appreciate someone who is special to me. Social and Emotional objective I can express how I feel about someone special.</p>
Year 2	To communicate in different ways.	<p>Lesson 1 - Families Objective To know how to make friends Learning Intention</p>	<p>Lesson 2 – Keeping safe – Exploring physical contact Objective</p>	<p>Lesson 3 – Friends and conflict Objective To help others to feel part of a group</p>	<p>Lesson 4 - Secrets Objective To show respect in how they treat others</p>	<p>Lesson 5 – Trust and appreciation (Piece 5 on Jigsaw) Celebrating my</p>	<p>Lesson 6 Optional lesson on Jigsaw – Online and internet safety 5-7 Lesson 2 Objective</p>

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		<p>I can identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate. Social and Emotional objective I accept that everyone's family is different and understand that most people value their family.</p>	<p>To try to solve friendship problems when they occur Learning Intention I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not. Social and Emotional objective I know which types of physical contact I like and don't like and can talk about this. CONSENT</p>	<p>Learning Intention I can identify some of the things that can cause conflict with my friends. Social and Emotional objective I can demonstrate how to use the positive problem solving techniques to resolve conflicts with my friends. CONSENT</p>	<p>Learning Intention I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret. Social and Emotional objective I know how it feels to be asked to keep a secret I do not want to keep and know who to talk to about this. CONSENT</p>	<p>special relationship (Piece 6 on Jigsaw) Objective To know how to help themselves and others when they feel upset or hurt Learning Intention I can recognise and appreciate people who can help me in my family, my school and my community. I can express my appreciation for the people in my special relationships. Social and Emotional objective I understand how it feels to trust someone. I am comfortable accepting appreciation from others. CONSENT</p>	<p>To know and show what makes a good relationship Learning Intention I can identify ways that some people might behave differently online and who to ask for help if I am worried. Social and Emotional objective I can recognise that not everything that is online is true, including who people say they are CONSENT</p>
Year 3	To recognise and help an outsider.	<p>Lesson 1 – Family roles and responsibilities Objective To know how to make friends Learning Intention I can identify the roles and responsibilities of each member of my family and can reflect on the expectations</p>	<p>Lesson 2 - Friendship Objective To try to solve friendship problems when they occur Learning Intention I can identify and put into practice some of the skills of friendship eg. taking turns, being a good listener.</p>	<p>Lesson 3 – Keeping myself safe online Objective To help others to feel part of a group Learning Intention I know and can use some strategies for keeping myself safe online. Social and Emotional objective</p>	<p>Lesson 4 – Being a global citizen 1 Objective To show respect in how they treat others Learning Intention I can explain how some of the actions and work of people around the world help and influence my life.</p>	<p>Lesson 5 – Being a global citizen 2 Objective To know how to help themselves and others when they feel upset or hurt Learning Intention I understand how my needs and rights are shared by children around the world and</p>	<p>Lesson 6 – Celebrating my web of relationships Objective To know and show what makes a good relationship Learning Intention I know how to express my appreciation to my friends and family.</p>

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		for males and females. Social and Emotional objective I can describe how taking some responsibility in my family makes me feel.	Social and Emotional objective I know how to negotiate in conflict situations to try to find a win-win solution.	I know who to ask for help if I am worried or concerned about anything online. CONSENT	Social and Emotional objective I can show an awareness of how this could affect my choices.	can identify how our lives may be different. Social and Emotional objective I can empathise with children whose lives are different to mine and appreciate what I may learn from them. CONSENT	Social and Emotional objective I enjoy being part of a family and friendship groups.
Year 4	To look after my mental health.	Lesson 1 - Jealousy Objective To know how to make friends Learning Intention I can recognise situations which can cause jealousy in relationships. Social and Emotional objective I can identify feelings associated with jealousy and suggest strategies to problem-solve when this happens.	Lesson 2 – Love and loss and Memories Objective To try to solve friendship problems when they occur Learning Intention I can identify someone I love and can express why they are special to me. I can tell you about someone I know that I no longer see. Social and Emotional objective I know how most people feel when they lose someone or something they love. understand that we can remember people even if we no longer see them.	Lesson 3 Objective To help others to feel part of a group Learning Intention I can identify someone I love and can express why they are special to me. Social and Emotional objective I understand that people may be attracted to someone emotionally, romantically and physically.	Lesson 4 – Getting on and falling out Objective To show respect in how they treat others Learning Intention I can recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends. Social and Emotional objective I know how to stand up for myself and how to negotiate and compromise.	Lesson 5 Objective To know how to help themselves and others when they feel upset or hurt Learning Intention I understand that each person’s body belongs to them. Social and Emotional objective I can say which types of contact are appropriate and not appropriate and understand why. CONSENT	Lesson 6 – Girlfriends and boyfriends and Celebrating my relationships with people and animals Objective To know and show what makes a good relationship Learning Intention I understand what having a boyfriend/ girlfriend might mean and that it is a special relationship for when I am older. I know how to show love and appreciation to the people and animals who are special to me. Social and Emotional objective I can love and be loved. CONSENT

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Year 5	To explore friendship.	<p>Lesson 1 – Recognising me Objective To know how to make friends Learning Intention I have an accurate picture of who I am as a person in terms of my characteristics and personal qualities. Social and Emotional objective I know how to keep building my own self-esteem.</p>	<p>Lesson 2 – Safety with online communities Objective To try to solve friendship problems when they occur Learning Intention I understand that belonging to an online community can have positive and negative consequences. Social and Emotional objective I can recognise when an online community feels unsafe or uncomfortable.</p>	<p>Lesson 3 – Being in an online community Objective To help others to feel part of a group Learning Intention I understand there are rights and responsibilities in an online community or social network. Social and Emotional objective I can recognise when an online community is helpful or unhelpful to me. CONSENT</p>	<p>Lesson 4 – Online gaming Objective To show respect in how they treat others Learning Intention I know there are rights and responsibilities when playing a game online. Social and Emotional objective I can recognise when an online game is becoming unhelpful or unsafe. CONSENT</p>	<p>Lesson 5 – My relationship with technology – screen time Objective To know how to help themselves and others when they feel upset or hurt Learning Intention I can recognise when I am spending too much time using devices (screen time). Social and Emotional objective I can identify things I can do to reduce screen time, so my health isn't affected.</p>	<p>Lesson 6 – My relationship – staying safe and happy online Objective To know and show what makes a good relationship Learning Intention I can explain how to stay safe when using technology to communicate with my friends. Social and Emotional objective I can recognise and resist pressures to use technology in ways that may be risky or may cause harm to myself or others. CONSENT</p>
Year 6	To show acceptance.	<p>Lesson 1 – What is mental health? Objective To know how to make friends Learning Intention I know that it is important to take care of my mental health. Social and Emotional objective I understand that people can get problems with their mental health and that it is nothing to be ashamed of.</p>	<p>Lesson 2 – My mental health Objective To try to solve friendship problems when they occur Learning Intention I know how to take care of my mental health. Social and Emotional objective I can help myself and others when worried about a mental health problem.</p>	<p>Lesson 3 – Love and loss Objective To help others to feel part of a group Learning Intention I understand that there are different stages of grief and that there are different types of loss that cause people to grieve. Social and Emotional objective I can recognise when I am feeling those</p>	<p>Lesson 4 – Power and control Objective To show respect in how they treat others Learning Intention I can recognise when people are trying to gain power or control. Social and Emotional objective I can demonstrate ways I could stand up for myself and my friends in situations where others are</p>	<p>Lesson 5 – Being online: Real or fake? Safe or unsafe? Objective To know how to help themselves and others when they feel upset or hurt Learning Intention I can judge whether something online is safe and helpful for me. Social and Emotional objective</p>	<p>Lesson 6 – Using technology responsibly Objective To know and show what makes a good relationship Learning Intention I can use technology positively and safely to communicate with my friends and family. Social and Emotional objective I can take responsibility for my</p>

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				emotions and have strategies to manage them.	trying to gain power or control. CONSENT	I can resist pressure to do something online that might hurt myself or others. CONSENT	own safety and well-being. CONSENT
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