

Carclaze CP School

St Piran's Close St Austell Cornwall PL25 3TF

Visit: www.carclazesch.org

Headteacher: Emma Williams



Dear Parents and Carers,

This term, as part of our Science and PSHE curriculum, we are going to be teaching RSE (Relationships and Sex Education). These lessons will take place throughout the term and will build on prior knowledge from previous year groups and lessons. We will be following our PSHE scheme of learning - Jigsaw - which runs from Reception to Year 6. It is important that children understand their bodies and the changes that will occur from childhood to adulthood as well as positive relationships.

The topics covered by Jigsaw will include differences (male/female and family), change, transition to the next class / school, life cycles, naming body parts, stereotypes, body changes, puberty, hygiene, relationships, reproduction, pregnancy, conception and who to talk to if they are worried about change.

At Carclaze we feel that RSE is extremely important, allowing the children to understand the differences between bodies and changes that are going to take place in themselves and others, both physically and emotionally.

In Year 5, children will be learning about self-image and body image, puberty for girls and boys, personal hygiene, conception and having babies, becoming a teenager & responsibilities and the transition to Year 6.

Many areas of RSE are covered during Science and Health Education lessons and are therefore compulsory. If you **do not** wish your child to take part in some aspects, please contact your child's class teacher in the first instance.

Please note that if your child does not take part in some aspects of RSE lessons it is our school policy to provide you with the relevant documents so you are able to inform your child.

If you have any queries regarding the content of RSE please do not hesitate to contact us, we would be happy to discuss any aspect of the curriculum with you.

Yours sincerely,

Carly Whitford
PSHE Lead

Curious Minds Kind Hearts Bright Futures

CARE



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Carclaze Community Primary School



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